

For a Healthier Life during & after **Menopause**

choose

ISOClover

Nature's way for a **healthier life**



Estrogen supplementation in a natural way

Red Clover & Soya isoflavones Advantage¹

- ▶ Goodness of all the 4 important natural Plant estrogens.
- ▶ Improves estrogen & achieves better hormonal control
- ▶ Exhibit biological activities akin to natural & synthetic estrogens

Black Cohosh: Effects similar to estrogen²

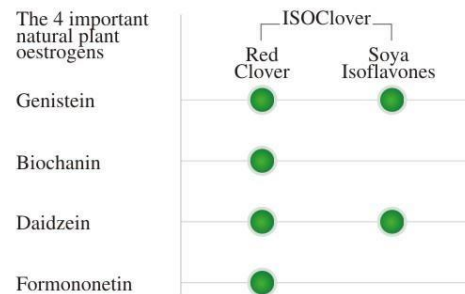
Vitamin-E: Potent antioxidant³

Micronutrients Advantage of Boron & Silicon:⁴

- ▶ Offers better calcium absorption
- ▶ Ensures better Bone & skin health

Red Clover & Soya Provides Highest Levels of Isoflavones

Novogen Redclover Replicates the Isoflavone content of a traditional pulse based diet



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Ensures Resolution of symptoms effectively

Red Clover & Soya isoflavones supplementation:^{5,6,7}



- ▶▶ 75.4% in Hot flush/night sweat frequency with 3 months supplementation.
- ▶▶ 80% depressive & anxiety symptoms
- ▶▶ Triglycerides with no effect on BMI

Black Cohosh & Vitamin-E offers:⁴

- Control symptoms of menopause
- Decreases Hot flashes
- Safe for use in breast cancer patients
- Provides relief to Vaginal dryness

Micronutrients advantage⁴

Prevent & Manage Osteoporosis better

Safe:

No estrogenic increase in breast density seen over 3 years with red clover isoflavones use⁸

1. Cobin RH et al. Endocr pract. 2006; 12: 315-337. 2. Wuttke W et al. Maturitas 2003 ; 44 (supp11) : 567-77. 3. Barton DL. J. Clin oncol. 1998;16:495-500.
4. Endocr Pract 2011 ; 17(suppl6) 1-25. 5. Chedraui et al. Gynec & Endocrinol 2012 Mar ;28(3):203-7. 6. Maturitas 2010;65:258-261.
7. PB et al. Menopause 2001 ; 8 : 259-265. 8. Powles T. Breast cancer Res 2004 ;6(3): 140-142.

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Recommends

**Phytoestrogen & Micronutrient
supplementation
in the management
of Menopause**

ISO Clover Composition:

Red Clover	100 mg
Soy Isoflavones 40%	30 mg
Calcium Citrate	500 mg
Black Cohosh	20 mg
Vitamin E	50 IU
Magnesium	250 mg
Vitamin D ₃	200 IU
Curcumin	>25 mg
Boron	2 mg
Silicon	500 mcg

Dosage:

Perimenopause:
2 tablets per day

Postmenopause:
1 tablet per day

